



Orinoco
fitness®

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Orinoco Fitness Studio Celebrates One Year Anniversary

Libertyville Fitness Studio Thanks Customers for Support

LIBERTYVILLE, IL (November 4, 2013) — Celebrating its one year anniversary, Orinoco Fitness is committed to helping local residents improve their health through fun and engaging fitness classes. To mark the studio's one year anniversary, Orinoco Fitness will hold a special "**Customer Appreciation Week**" the week of Dec 2nd. The studio is offering returning customers three free classes that week when they bring in a new customer to Orinoco Fitness. Their friend, who must be an Illinois resident, also gets three free classes to redeem during that week.

First opened in December 2012, Orinoco Fitness offers group fitness classes for individuals of all ages and fitness levels as well as several options for families. Orinoco Fitness offers **ZUMBA® Fitness, Yoga, Pilates and PILOXING®**, the one of the hottest new forms of group fitness classes. Specialized classes include **Yoga with Your Child, Teen Yoga, the Pilates Challenge and ZUMBA Gold®** for beginners. All classes are taught by highly qualified instructors with great energy and concern for the safety of their students.

Owned by Libertyville resident Ana Santos Gitzinger, Orinoco Fitness features a no-contract, pay-as-you-go format and offers customers a full schedule of fitness classes that meet their individual needs. Named after the Orinoco River in Venezuela, the studio offers a spa-like atmosphere and a state-of-the art facility modeled after one of the most beautiful and relaxing South American regions, Canaima National Park in Venezuela.

"I am thrilled to celebrate one year of growth at Orinoco Fitness and want to thank our customers and the community for all their support," said Ana Santos Gitzinger. "Last year, we created a studio that offers a warm, relaxing, South American paradise to make fitness fun and stress-free," she added. "With the help of my talented team of instructors, we are eager to introduce Orinoco Fitness to even more residents of all ages and fitness levels and show them how we balance both fitness and fun in exercise."

Orinoco Fitness features a clothing store, a comfortable customer lounge, and free Wi-Fi. The studio is located at 116 N. Milwaukee Avenue, on the corner of Route 21 and 176. For information on class descriptions, pricing and schedule, please visit www.orinocofitness.com or www.facebook.com/orinocofitness.

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